



The Language of Flowers

Meanings and Colors

Many people have a favorite flower or a favorite color that they always look for, but is there a deeper meaning to the flowers we plant and give away? Take a look below as we dive into the history and tradition of the language of flowers.



History of Flowers

People have been giving flowers symbolic meanings for thousands of years, but the language of flowers really took off during the Victorian times in the 1800s. During this time, people would use flowers to send unspoken messages. Even how you presented the flowers and tied ribbons added depth to the message.



Colors to Delight

While some flowers have a general meaning to them, other flowers (like roses) are so important to conveying emotions that even their colors have been given special meanings. Here are just a few examples:

- Red - love
- Yellow - friendship and joy
- Purple - magical/royalty



How Flowers use Color

Flowers come in many different variations of color, some contain a single shade while others combine multiple colors. Most flowers use color to attract pollinators - to show them where to find the flower's nectar. This helps the flowers exchange pollen and grow seeds.



Changes in Color

Light travels in a wave-like pattern. Changes in the distance between these waves is visualized as changes in color. Some animals are able to see colors that are invisible to humans (ultraviolet light) because they can see a greater range of wavelengths. These additional colors make specific flowers stand out to pollinators and make them easier to find.

View upcoming events!

<https://rockledgegardens.com/little-bugs-club/>

Take a look below for some fun Valentine gift ideas!



Nature Crafts

Gifts for Valentine's Day

One of the most fun gifts to receive is something that a friend or loved one took time to make just for you. If you are in need of some ideas for a hand-made gift this season, check out the fun, Valentine's Day inspired nature crafts below!

Visit <https://mothernatured.com/nature-crafts/valentines-day-nature-crafts/> for more fun craft ideas!

Heart Rocks and Leaf Envelopes

- To make a heart rock, start by going outside and finding a medium-sized rock
- As you are looking for your rock, also collect nature items to decorate (flowers, leaves, twigs...)
- Create a heart outline on your rock by gluing on nature items
- Fill in the heart using whatever items you have collected

- For your leaf envelope, collect large, flexible leaves that have thin veins
- Cut out leaf squares that are 5cm X 5cm
- Fold 2 opposite corners so that they meet in the middle
- Fold the bottom corner up to create the base of the envelope
- Glue these 3 sides together (you can place the end of a butter knife into the envelope as it dries so that the envelope isn't glued shut)

